



*PREPARE
is
especially
tailored to
pre-marital
couples.*



JUST FACTS

Before You Say "I Do"

Pre-Marital Assessment for Couples Planning To Get Married

Many couples tend to spend more attention, time and money into planning their wedding (event). But they hardly spend any attention and much focus into preparing themselves towards building a fulfilling marriage and family. This is a grave mistake. If you are someone who is considering marriage soon, it would be good to consider taking a pre-marital assessment.

CLM offers a pre-marital assessment called **PREPARE**. **PREPARE** is especially tailored to pre-marital couples. These questionnaires are administered by a trained PREPARE counsellor and includes a feedback session in which the counsellor facilitates discussion between the couple based on their questionnaire results.

Who should do it? If you're engaged or planning to marry, this program is ideal for you.

What does it do? The questionnaires assess the different relationship areas of each couple. The following are some of the 20 areas that are assessed: Communication, Children and Parenting, Conflict Resolution, Family and Friends, Financial Management, Sexual Expectations, Personality Issues, Spiritual Beliefs, Family of Origin and Leisure Activities.

Why should I do it? PREPARE has six goals and in order to achieve these goals, there are six corresponding couple exercises designed to help couples improve their relationship skills.

These goals are:-

- To explore Relationship Strengths and Growth Areas
- To learn Assertiveness and Active Listening Skills
- To learn how to resolve conflict
- To help the couple discuss their Family-of-Origin
- To focus on personal, couple and family goals

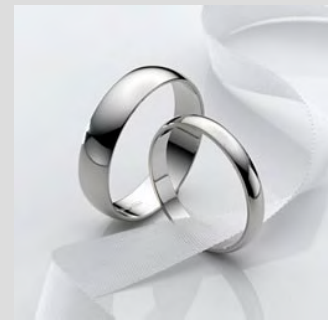
What does it cost? At RM120 per couple

Does it work? PREPARE is able to discriminate pre-marital couples that get divorced from those who are happily married with about 80-85 % accuracy.

If you're planning to spend the rest of your life with someone, doesn't it make sense to take the time to ensure you're both compatible and to work together toward those goals that will help you build a long and fulfilling marriage?

For more information on PREPARE assessment, call CLM at 03-7710 3360.

EVENTS



SMARTSTART Pre-Marriage Course

Dates: 11 & 18 August 2007 (Saturday)

Time: 9am – 4pm

Venue: Unit 20-2, Jln PJU 8/5G, Damansara Perdana, 47820 Petaling Jaya

A healthy relationship between the husband and wife provides a solid foundation to build a loving and happy family. To this end, CLM, will be organising a *Pre-Marriage Course for couples planning to get married and also newly-weds, married for less than 3 years.*

This course will equip couples with the necessary knowledge, skills and guidance for a fulfilling and happy marriage.

Limited to only 25-couples.

To register or for more info, contact CLM.

CONTACT US

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