



JUST FACTS

GIVING IS THE GIFT

At Christmas, articles abound on the gift of giving. There are many gifts we can give and many ways we can give them. Often times, the most beloved gift is the one in which we give ourselves.

If you're good with children and know a couple with a young child who seem to have their hands full, an offer to baby sit while they catch some "us" time is a great gift!

If you have hours free in the morning, an offer to take an older person for a dental appointment, to the pharmacy, to the doctor, to the hair salon or to the supermarket also makes a great gift.

If time is something you can give, sharing a cup of coffee and a listening ear make an inexpensive but truly appreciated gift.

If you're handy with gadgets and gizmos then you can offer the gift of repairing someone's computer/ printer or even painting a wall.

If your love is cooking, cooking a meal for someone who's just come out of the hospital or lost a loved one is a much-appreciated gift.

If you're king or queen of the road, offer to carpool or take and drop-off others' kids.

You may be asking, "What's in it for me?" Well when we give, something happens.

It is called receiving.

- We receive satisfaction from seeing a need met
- We receive self-confidence as we begin to realise that we have a role to play
- We receive lessons on leadership as we take responsibility to bridge a gap
- We grow in self-esteem as we learn that we matter and we can make a difference.

The giving of our time, our talents, our hugs, and our listening ear are the gifts that symbolises our love. This Christmas make the Giving of you the gift.

***We, staff and volunteers,
of CLM take this opportunity
to thank you
for your support
throughout 2007.***

***May this Christmas
and holiday season
bring you and your family
love, joy and peace***

***Blessed Christmas
and
Happy New Year!***

ANNOUNCEMENT

CLM office will be closed for counselling during the last 2 weeks of December 2007.

***"You can give
without loving,
but you can
never love
without
giving"
~ Author
Unknown***



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