



## SAME SEX ATTRACTION (SSA) PART 1

**“Great changes may not happen right away, but with effort even the difficult may become easy.”**

**- Bill Blackman**



### ROOT CAUSES OF MALE SAME SEX ATTRACTION

In 2004, “People Can Change” surveyed the members of its online support groups to determine what they perceived to have been the most significant causes of their developing homosexual feelings. The results were as follows:

#### 1. Father-son relationship problems (97% attested this factor)

Oftentimes the father-son relationship is marked by either actual or perceived abandonment, extended absence, hostility or disinterest. The rejection leaves deep wounding masking a deep longing to be held, accepted and loved by a father figure and to be mentored into the world of men.

#### 2. Conflict with male-peers: (97% attested to this factor)

The relationship with brothers or male-peers or male abusers may have created deep wounding. Young boys feel that they are never ‘man enough’ not living up to the masculine ideal and admire whatever qualities in other males that are lacking in themselves. This low gender esteem - a lack in the core feeling of being male upon which the man’s self image is built - results in idolization of “real” man.

#### 3. Mother-son relationships (90% attested to this factor)

The estrangement with father leads to an over-identification with mum. It becomes natural then to view maleness from a woman’s perspective instead of a man’s resulting in the sense of girls as the ‘same sex’ and boys as the ‘opposite’ sex.

#### 4. Sexual Abuse:

**96% attested to have experienced** sexual abuse as a child or teenager by an older or more powerful person, usually by a male.

#### 4. Other sexual experiences :

**93% attested to have** had other sexual experiences - including pornography, sexual fantasy and sex play with other boys - as children or youth.

### Homosexual Consequences

Looking at the statistics it is easy to see that homosexuality is a result of complex, interwoven and painful early experiences that compel men to homosexual relationships in an attempt to find healing for hurts and problems buried below the surface. The survey further revealed that these men acting on their homosexual desires actually worsened rather than lessened the underlying problems. Homosexuality wasn’t the solution; it was an escape from solving real problems that caused the symptoms to begin with. These deep wounds need to be acknowledged, release legitimate anger over them, take steps to repair the damage they have caused, to the extent this is possible, and finally forgive and move on.

*Adapted from People Can Change ([www.peoplecanchange.com](http://www.peoplecanchange.com))*

The way out of Same Sex Attraction is a journey which requires one to look at the roots and its outcome. It is a journey that no one should travel alone but shared by others who are walking the same path, with a community of people who are committed to recovery. It’s a journey of self-discovery, acceptance and healing - a lifelong process. Here at CLM, our **New Beginnings therapy group** is a small community of people who are committed to each other and to our purpose of recovery we offer you a safe environment for healing and a new beginning.

#### **New Beginnings group** **(A therapy group for Same Sex Attraction)**

meets on the 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month at 8pm in CLM.

Please contact CLM for more information.

### CONTACT US

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